**WILD TURKEY 5K RUNNER’S INSTRUCTIONS**

**September 17, 2022**

The **Wild Turkey 5K** is a **true trail run**, with most of the course being through the woods, a

portion on grassland, and some paved footing at the soccer park. Expect some loose footing, tree roots

and possible debris on the trail (e.g., twigs, gum balls, loose gravel, rocky footing etc.) and adapt your

stride and speed accordingly.

Timing is provided by Uwharrie Dash, and only registered On-Site event runners will be timed.

**Schedule**

6:45am – 7:45am race package pick-up available – **please pick up at early locations on 9/15 and 9/16 if possible** (see earlier email).

6:45am – 7:45am Register ‘on the day’ runners (cash or local check for registration fee preferred)

7:45 – 8:00am Organize Race Start

8:00am Wild Turkey 5K Race – They’re Off!!

8:20 – 9:00am Runners’ and walkers’ Finish

9:15am or 9:30 am - Results announcements (medal awards), and On-Site prize drawings

9:40am - Enjoy all the other offerings of the Heritage Festival! Go to Room C in the Agriculture

Center to use your raffle ticket from your Race Package to try to win a great item!

9:45am – T-shirt Logo Design Contest Winner Announcement at Main Stage

**Parking**

On Saturday, September 17, 2022, Heritage Festival vendor set up and traffic for the 4H Expo will be occurring concurrent with starting the Wild Turkey 5K. Roads may be busy!

Racers will use Presson Road to drive around in front of the Agriculture Center to access the rear parking

lot behind the Agriculture Center. Follow signs and park in the **lowest section of the parking lot**.

Race Bag Pick Up and Race Check In will be visible at the Cultivation Circle end of that parking lot area. After Check In, follow signs to Race Start, turning left to cross the bridge and proceed up the hill to the race ‘Start’ area on the grass to the right of the Special Events Center. Use sidewalks where possible.

**Restrooms.**

Restrooms will be available in both the Agriculture Center and Special Events Center buildings before the race. Look for ‘Restroom’ signs to help locate the facilities.

**Course Instructions**

* The Trail is marked with **RED** arrows on the ground
* Directional signs have **BLUE** arrows and informational messages
* Stay on the Trail – NO shortcuts (respect the natural habitat)
* Heed caution signs
* Water Station at entry and exit to the Soccer Complex portion of the course (@ 2.1K and 3.0K)
* Restrooms @2.6K (in red building)
* No littering – there will be a trash can at Water Station
* The Union County Amateur Radio Society will have on-course spotters at each kilometer; if you need assistance while on the course, contact a spotter and they will be able to radio for help.

• If you are another runner’s Emergency Contact have your phone turned on and with you

Wishing all Wild Turkey 5K On Site Participants a great experience and an enjoyable event in the lovely

environment available at the Agriculture Center.

**Be Safe! Have Fun! See YOU on Saturday!**